CONTINUING MEDICAL EDUCATION



DIVISION OF PULMONARY AND CRITICAL CARE MEDICINE AND DEPARTMENT OF PHYSICAL MEDICINE AND REHABILITATION present the

Ninth Annual

JOHNS HOPKINS CRITICAL CARE REHABILITATION CONFERENCE

November 5-7, 2020 (Exclusively Virtual/Online Format)



PROFESSIONAL ASSOCIATIONS



This conference is supported by the American Speech-Language-Hearing Association



This conference is sponsored by the Academy of Acute Care Physical Therapy



This conference is sponsored by the Cardiovascular and Pulmonary Section of the American Physical Therapy Association



This conference is endorsed by the American Thoracic Society

GENERAL INFORMATION

DESCRIPTION

Interdisciplinary collaboration and coordination is vital to facilitate early mobility and rehabilitation in the intensive care unit (ICU) setting. A recent stakeholders' conference aimed at improving long-term outcomes for ICU survivors identified important 'silos' among critical care and rehabilitation clinicians working in the ICU, with these 'silos' acting as a barrier to collaboratively advancing the field and improving patient outcomes. While clinical trials support the benefits of early rehabilitation for mechanically ventilated patients, implementing these interventions requires creating a new ICU culture based on proactive rehabilitation and interdisciplinary collaboration between all critical care and rehabilitation clinicians. This course will bridge the interdisciplinary gap from research to clinical implementation at the bedside.

WHO SHOULD ATTEND

This activity is intended for Physical Therapists, Occupational Therapists, Speech Language Pathologists, Respiratory Therapists, Physiatrists, ICU Physicians, Physician Assistants, Nurse Practitioners, Nurses, Psychologists, and Psychiatrists.

SYLLABUS

The syllabus will be accessible online and via your mobile device in the CloudCME App prior to the activity. A link to the e-syllabus will also be made available to all registrants prior to the conference. **No printed syllabus will be provided**.

COMMERCIAL SUPPORT

The Johns Hopkins School of Medicine did not solicit or receive commercial funding from any commercial entity, including pharmaceutical and medical device manufacturers, for this activity.

POLICY ON PRESENTER AND PROVIDER DISCLOSURE

Ilt is the policy of the Johns Hopkins School of Medicine that the presenter and provider globally disclose conflicts of interest. The Johns Hopkins School of Medicine OCME has established policies that will identify and resolve conflicts of interest prior to this educational activity. Detailed disclosure will be made prior to presentation of the education. For general information and speaker disclosure statements, please visit the activity webpage at: https://hopkinscme.cloud-cme.com/default.aspx?P=0&EID=24982

LOCATION

This Conference is entirely delivered in a virtual/online format.

You will receive further information on how to access online content closer to the conference date via email.

OBJECTIVES

After attending this activity, the learner will demonstrate the ability to:

- Appraise the evidence supporting early rehabilitation and mobility in critically ill adults and children.
- Describe and discuss how to change ICU clinical practice to implement early rehabilitation programs.
- Describe the management of ICU medications, devices (including mechanical ventilation and tracheostomy), and monitoring systems for rehabilitation of adult and pediatric ICU patients.
- Explain rehabilitation-related assessments and interventions suitable for adult and pediatric ICU and acute care patients.
- Describe strategies to engage critically ill patients and their families for activity and mobility, including communication and psychology-based strategies.
- Describe the impact and challenges of ICU survivorship on patients and their families, including Post-Intensive Care Syndrome (PICS) and care delivery in post-ICU critical care settings.
- Explain current practice and interdisciplinary roles of nursing, physical therapy, occupational therapy, speech language pathology, respiratory therapy, psychologists, and child life specialists in an adult and pediatric ICU rehabilitation program.
- Describe disease-specific rehabilitation strategies for critically ill patients.
- Describe an approach to feeding in pediatric ICU populations.
- Describe the management of sedation and delirium for adult and pediatric patients to promote ICU mobility.

AMERICANS WITH DISABILITIES ACT

The Johns Hopkins School of Medicine fully complies with the legal requirements of the ADA and the rules and regulations thereof. Please notify us if you have any special needs.

CONTINUING EDUCATION AND ACCREDITATION INFORMATION

ACCREDITATION STATEMENT

The Johns Hopkins University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



CREDIT DESIGNATION STATEMENT

The Johns Hopkins University School of Medicine designates this live activity for a maximum of 18.75 *AMA PRA Category 1 Credits* $^{\text{TM}}$. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PHYSICAL THERAPY

- The New York State Education Department Office of the Professions has approved Johns Hopkins University School of Medicine as a sponsor of continuing education for physical therapists and physical therapist assistants.
- The North Carolina Physical Therapy Association has approved this activity for 18.5 Contact Hours. Course Number: 20-005.
- The Virginia Board of Physical Therapy accepts AMA PRA Category 1 Credits[™] from organizations accredited by the ACCME.
- The Tennessee Physical Therapy Association has approved this activity for 1.8 CEU's/18 contact hours of Class 1 Continuing Education from 11/05/2020 – 11/04/2021. APTA Tennessee approval number is 2020-107.
- The Illinois Chapter Continuing Education Committee has certified that this course meets the criteria for approval of Continuing Education offerings established by Illinois Physical Therapy Association.
- The course has been approved by the Maryland Board of Physical Therapy Examiners for 1.8 CEUs.
- New Jersey State Board of Physical Therapy Examiners: This course was approved for 18.75 continuing education credits. NJBPTE Course Approval Number: 2004-22.
- Your educational provider application for JOHNS HOPKINS SCHOOL OF MEDICINE has been approved by the Florida Board of Physical Therapy Practice.
- The Ohio Physical Therapy Association (OPTA) has approved the following course for 18.25 hours of continuing education in Ohio. Approval Number: 20S1190
- California: ACEND has approved Ninth Annual Johns Hopkins Critical Care Rehabilitation Conference for 1.87 CEUs. Approved Provider Identification Number: ACE2050-01
- This activity has been approved by the Texas Board of Physical Therapy Examiners for 18.75 CCUs for PTs and PTAs. Course Approval 71989TX.

The following do not pre-approve CE courses. Licensees must self-report:

- Connecticut State Department of Public Health
- Michigan Board of Physical Therapy
- Washington State Department of Health

Applications for CE Credits are currently in process for:

Pennsylvania State Board of Physical Therapy

HOW TO OBTAIN CREDIT

Post activity, an online evaluation will be available to attendees to evaluate the activity and individual presentations and to identify future educational needs. Upon completion of the evaluation, the learner must attest to the number of hours in attendance. Credits earned will be added to the learner's transcript and immediately available for print. The last day to access the evaluation and attest to your credits is December 21, 2020.

An outcome survey will be sent to all physician attendees within two months post activity to assist us in determining what impact this activity had on the learner's practice.

OTHER CREDITS

- American Nurses Credentialing Center (ANCC) accepts
 AMA PRA Category 1 Credits ™ from organizations accredited
 by the ACCME.
- American Academy of Nurse Practitioners National Certification Program accepts AMA PRA Category 1 Credits™ from organizations accredited by the ACCME.
- PAs may claim Category 1 credits for completing this activity.
 National Commission on Certification of Physician Assistants (NCCPA) accepts AMA PRA Category 1 Credits from organizations accredited by ACCME or a recognized state medical society.
- The Johns Hopkins University School of Medicine is an AOTA approved provider of continuing education. AOTA does not endorse specific course content, products, or clinical procedures. This activity has been approved for a maximum of 1.85 AOTA CEUs.
- The American Speech-Language-Hearing Association (ASHA)This program is offered for up to 1.80 ASHA CEUs (Various level; Professional area)



The Kennedy Krieger Institute is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

PSCYHOLOGISTS

The Johns Hopkins University School of Medicine is authorized by the **Maryland State Board of Examiners of Psychologists** as a provider of continuing education. The Johns Hopkins University School of Medicine maintains responsibility for this program.

PROFESSIONAL COUNSELORS AND THERAPISTS

This CE Program has been approved by the **Maryland Board of Professional Counselors and Therapists** for Category A CEUs.

PAYMENT AND REGISTRATION INFORMATION

FEES

Registration Deadline: October 30, 2020

Registration Online:

hopkinscme.cloud-cme.com/default.aspx?P=0&EID=24982

Methods of Payment: We require full payment prior to the

start of the activity.

LATE FEE AND REFUND POLICY

The registration deadline is October 30, 2020. A handling fee of \$50 will be deducted for cancellation. An additional fee may apply for cancellation of other events, including workshops and social activities. Refund requests must be received by fax or mail by October 30, 2020. No refunds will be made thereafter. Transfer of registration to another Johns Hopkins activity in lieu of cancellation is not possible.

| | Early Bird Pricing Until Sep 30, 2020 | Regular Pricing After Oct 1, 2020 |
|--|--|--------------------------------------|
| ICU Follow-Up Clinics Pre-Conference November 5, 2020 | \$245.00 | \$295.00 |
| Pick 2 Foundations Courses November 5, 2020 | \$245.00 | \$295.00 |
| Pick 1 Main Conference Track, AND 1 Foundations Course November 6-7, 2020 | \$425.00 | \$495.00 |
| All conference content: Pre-Conference, AND 3 Foundations Courses, AND 2 Main Conference Tracks November 5-7, 2020 | \$670.00 | \$790.00 |

You will receive a confirmation by e-mail. If you have not received it by October 30, 2020, call (410) 502-9636 to confirm that you are registered. A transcript of attendance will be available upon attestation of your credit hours and submission of the post activity online evaluation.

The Johns Hopkins University reserves the right to cancel or postpone any activity due to unforeseen circumstances. In this event, the University will refund the registration fee.

TO REGISTER OR FOR FURTHER INFORMATION

Register online

hopkinscme.cloud-cme.com/default.aspx?P=0&EID=24982

Register by Phone.......(410) 502-9636
Register by Fax.....(866) 510-7088
Confirmation/Certificates/Transcripts...(410) 502-9636
General Information.....(410) 955-2959
E-mail the Office of CME...................................(410)

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For website and CloudCME mobile app technical difficulties, email: cmetechsupport@jhmi.edu

For general information, please visit the activity webpage at: hopkinscme.cloud-cme.com/default.aspx?P=0&EID=24982

Thursday, November 5, 2020

5:15 - 5:45

5:45 - 5:50

Panel Discussion and Question and Answer

Day 1 Wrap-Up by Ann Parker, MD, PhD

Simultaneous Tracks

| IC | CU Follow-Up Clinic Pre-Conference | Adult | ICU Rehabilitation Foundations Course |
|---------------|--|---------------|--|
| 8:10 - 8:15 | Welcome and Conference Goals by Ann Parker, MD, PhD | 8:10 - 8:15 | Welcome and Conference Goals by Kelly Casey, OTD, OTR/L, BCPR, ATP, CPAM |
| Session 1 | | Session 1 | iciny ousey, orb, orivie, bor N, Arr, or Am |
| ICU Survivors | ship | | nd Evidence for Early Pohabilitation |
| 8:15 - 8:45 | Patient Interview | | nd Evidence for Early Rehabilitation |
| | Tammy Eaton, MSN, RN, FNP-BC, ACHPN | 8:15 - 8:30 | ICU-Acquired Weakness and Long-Term Physical Outcomes |
| 8:45 - 9:00 | Post-Intensive Care Syndrome (PICS) | | Dale Needham, FCPA, MD, PhD |
| | Ann Parker, MD, PhD | 8:30 - 8:50 | Culture Change to Promote Early Rehabilitation in the ICU |
| 9:00 - 9:15 | Patient Expectations for Recovery | 0.50 0.5 | Jennifer Zanni, PT, DScPT, CCS |
| | Alison Turnbull, DVM, MPH, PhD | 8:50 - 9:05 | Safety Criteria for Mobilization of ICU Patients |
| | | 0.05.0.05 | Jennifer Zanni, PT, DScPT, CCS |
| 9:15 - 9:35 | Question and Answer | 9:05 - 9:25 | Evidence for Early Rehabilitation in the ICU |
| Session 2 | | 0.25 0.40 | Dale Needham, FCPA, MD, PhD |
| | d Balliativa Cara Considerations | 9:25 - 9:40 | Overview of Sedation and Delirium in the ICU |
| | d Palliative Care Considerations | 0:40 10:00 | Karin Neufeld, MD, MPH |
| 9:35 - 9:50 | Rationale for ICU Follow-Up | 9:40 - 10:00 | Cognition and Delirium: Assessment and Intervention |
| | Carla Sevin, MD | | Kelly Casey, OTD, OTR/L, BCPR, ATP, CPAM and Therese Kling-Cole, MA, CCC-SLP, BCS-S |
| 9:50 - 10:05 | Role of Palliative Care in ICU Follow-Up | | Therese Killing-Cole, MA, CCC-3LF, BC3-3 |
| | Tammy Eaton, MSN, RN, FNP-BC, ACHPN | 10:00 - 10:20 | Question and Answer |
| 10.05 10.00 | O contract of Access | 10:20 - 10:55 | |
| | Question and Answer | 10.20 10.55 | Dicar |
| 10:20 - 10:50 | Бгеак | Session 2 | |
| Session 3 | | | g and Sustaining an ICU Rehabilitation Program |
| | es in ICU Follow-Up Clinics | | |
| | • | 10:55 - 11:10 | Role of Physical Therapy |
| 10:50 - 11:05 | Role of Psychiatry | 11:10 11:25 | Kerry Lammers, PT, DPT, CCS, CCI |
| 44.05.44.00 | O. Joseph Bienvenu, MD, PhD | 11.10 - 11.25 | Role of Occupational Therapy |
| 11:05 - 11:20 | Psychologist's Experience | 11:25 11:40 | Kelly Casey, OTD, OTR/L, BCPR, ATP, CPAM Role of Speech-Language Pathology |
| 11.00 11.05 | James Jackson, PsyD | 11.25 - 11.40 | Therese Kling-Cole, MA, CCC-SLP, BCS-S |
| 11:20 - 11:35 | Social Worker's Experience | 11:40 - 11:55 | Role of Respiratory Therapy |
| 11.05 11.50 | Cynthia Reynolds, LCSW, LCAC | 11.40 - 11.55 | Deadria Clarke, RRT |
| 11.55 - 11.50 | Role of the Pharmacist Mike Kones Bharma BCBS BCCCB | 11:55 - 12:10 | Role of Nursing |
| 11:50 12:05 | Mike Kenes, PharmD, BCPS, BCCCP Role of Physiatry | 11.00 12.10 | Sam Young, MS, RN |
| 11.50 - 12.05 | Miguel Escalón, MD, MPH, FAAPMR | | g,, |
| | Wilguet Escaloti, Wib, Wil 11, 1744 Will | 12:10 - 12:30 | Question and Answer |
| 12:05 - 12:30 | Question and Answer | 12:30 - 2:00 | |
| 12:30 - 2:00 | Break | | |
| | | Session 3 | |
| Session 4 | | Specialized / | Assessment and Intervention |
| | es and Experience in ICU Follow-up Clinics | | |
| | | 2:00 - 2:25 | Integrated Therapy Care in the ICU |
| 2:00 - 2:15 | Role of Physical Therapy | | Kelly Casey, OTD, OTR/L, BCPR, ATP, CPAM; |
| | Jennifer Zanni, PT, DScPT, CCS | | Therese Kling-Cole, MA, CCC-SLP, BCS-S; |
| 2:15 - 2:30 | Occupational Therapist's Experience | 2:25 - 2:55 | Deadria Clarke, RRT; Kerry Lammers PT, DPT Functional Assessment Measures |
| 2.20 2.45 | Maria Shoemaker, OTR/L | 2.25 - 2.55 | Annette Lavezza, OTR/L and Daniel Young, PT, DPT, PhD |
| 2:30 - 2:45 | Role of Speech Language Pathology | 2:55 - 3:20 | Advancing Mobility Through Safe Patient Handling |
| 2:45 2:00 | Martin Brodsky, PhD, ScM, CCC-SLP, F-ASHA | 2.55 5.20 | Danny Ludwig, PT, DPT, NCS |
| 2:45 - 3:00 | Challenges for Organizing a Follow-Up Clinic | | barry Lauring, 11, 511, 1100 |
| 3:00 - 3:20 | Brad Butcher, MD The Indiana University Experience | 3:20 - 3:45 | Question and Answer |
| 3.00 - 3.20 | Babar Khan, MBBS | 3:45 - 4:15 | Break |
| | Dabai Kilali, MDDS | | |
| 3:20 - 3:45 | Question and Answer | Session 4 | |
| 3:45 - 4:15 | Break | Medical Inte | rventions |
| | Dicar | 4:15 - 4:35 | Critical Care Medications |
| Session 5 | | | Kerry Lammers PT, DPT, CCS, CCI |
| Experiences | with ICU Follow-Up Clinics | 4:35 - 5:05 | Understanding Mechanical Ventilation |
| 4:15 - 4:35 | The Vanderbilt Experience | | Jennifer Zanni, PT, DScPT, CCS |
| | Carla Sevin, MD | 5:05 - 5:25 | Lines, Tubes, Drains, and ICU Monitoring Systems |
| 4:35 - 4:55 | The University of Pittsburgh Experience | | Danny Ludwig, PT, DPT, NCS |
| | Brad Butcher, MD | | |
| 4:55 - 5:15 | The Geisinger Experience | 5:25 - 5:45 | Question and Answer |
| | Karen Korzick, MD, MA, FCCP, FACP | 5:45 - 5:50 | Day 1 Wrap-Up by Kelly Casey, OTD, OTR/L, BCPR, ATP, CPAM |

Thursday, November 5, 2020

5:35 - 5:50 Question and Answer, Panel Discussion and Wrap-Up

Simultaneous Tracks

Combating the Hospital Immobility

Harm Foundations Course

Pediatric ICU Rehabilitation Foundations Course

| 8:10 - 8:15 | Welcome and Conference Goals by Sapna Kudchadkar, MD, PhD and Julie Quinn, PT, MSEd, PCS | | Welcome and Conference Goals by Michael Friedman, PT, MBA |
|-----------------------|---|---------------|--|
| ·i 1 | | Session 1 | |
| Session 1 | I Dahah Haina Tha Fuidana Basa ta Cat Stantad | Rationale ar | nd Evidence Supporting Hospital Mobility |
| 8:15 - 8:35 | J Rehab: Using The Evidence Base to Get Started Peds ICU Rehab: Where We've Come and Where We're Headed Sapna Kudchadkar, MD, PhD | 8:15 - 8:35 | The Rationale for Developing Formal Hospital Mobility Programs Michael Friedman, PT, MBA |
| 8:35 - 8:50 | Changing PICU Culture: Creating the Multidisciplinary ICU Rehab Team Judith Ascenzi, DNP, RN | 8:35 - 8:55 | Designing, Conducting, and Sustaining Quality Improvement Dale Needham, FCPA, MD, PhD |
| 8:50 - 9:10 | Optimizing Sedation in the PICU Meghan Shackelford, MSN, CRNP-AC | 8:55 - 9:10 | The Evidence Supporting Hospital Mobility Erik Hoyer, MD |
| 9:10 - 9:30 | Creating a Healing PICU Environment: Sleep and Delirium Issues Sean Barnes, MD, MBA | 9:10 - 9:15 | Question and Answer |
| 9:30 - 9:50 | Starting a PICU Early Mobilization Program: Getting to "Yes" Beth Wieczorek, DNP, CRNP | Session 2 | 2 linary Functional Measurement in the Hospital |
| 9:50 - 10:05 | What Metrics Matter for PICU Early Mobility Program Sapna Kudchadkar, MD, PhD and Julie Quinn, PT, MSEd, PCS | · · | Functional Measurement Strategy |
| | | 0.20 0.55 | Michael Friedman, PT, MBA |
| L0:05 - 10:20 | • | 9:30 - 9:55 | JH-HLM and AM-PAC Principles and Properties |
| 10:20 - 10:55 | Break | 0.55 10.25 | Daniel Young, PT, DPT, PhD |
| Session 2 | | 9.55 - 10.25 | AM-PAC and JH-HLM Implementation Annette Lavezza, OTR/L |
| | ampions: The Key to Success in Rehab for Critically III Children | | Authorite Edvezza, OTTVE |
| | | 10:25 - 10:30 | Question and Answer |
| 10:55 - 11:25 | The Collaborative Therapy Team: PT, OT, and SLP Hallie Lenker, PT, DPT; Yun Kim, MS, OTR/L; Victo Sepakkis Florent PhD, CCC SLP | 10:30 - 10:55 | • |
| 11.25 - 11.40 | Yiota Senekkis-Florent, PhD, CCC-SLP Starting an Augmentative and Assistive Communication Program | Session 3 | 3 |
| 11.25 - 11.40 | Yun Kim, MS, OTR/L and Emily Warren, MSN, RN, CCRN-K | Clinician W | orkflows |
| 11:40 - 11:55 | 5 Optimizing Therapy Care Using Static Resources Julie Quinn, PT, MSEd, PCS | 10:55 - 11:15 | Johns Hopkins Daily Mobility Goal Calculator Lisa Klein, MSN, RN, AGCNS-BC, CNRN |
| 11:55 - 12:10 | Family Engagement: A Key Resource for ICU Rehab | 11:15 - 11:30 | Data Design – From Bedside to Electronic Health Record |
| | Emily Carlton, CCLS | 11:30 - 11:55 | Kelly N. Daley, PT, MBA The Role of Nursing |
| | | 11.50 - 11.55 | Eleni Flanagan, DNP, MBA, RN-BC |
| | Question and Answer | 11:55 - 12:15 | Engaging Rehabilitation: Targeting Resources |
| 12:30 - 2:00 | Вгеак | 11.00 11.10 | Holly Russell, MS, OTR/L and John Probasco, MD |
| Session 3 | | | • |
| The Pediatri | ic ICU Team: Translating Mobility Programs Into Practice | 12:15 - 12:30 | Question and Answer |
| 2:00 - 2:20 | Supporting Team Research in PICU Rehab | 12:30 - 2:00 | Break |
| 2.00 2.20 | Sapna Kudchadkar, MD, PhD and Julie Quinn, PT, MSEd | | |
| 2:20 - 2:40 | PICU Nurses as Early Rehab Champions | Session 4 | • |
| | Emily Warren, MSN, RN, CCRN-K | Barriers | |
| 2:40 - 2:55 | The Role of Child Life Specialists | 2:00 - 2:20 | Assessing Barriers |
| | Caroline Potter, MS, CCLS, CIMI | | Jason Seltzer, PT, DPT and Eleni Flanagan, DNP, MBA, RN-BC |
| 2:55 - 3:10 | Respiratory Therapy and Pediatric Mobility Programs | 2:20 - 2:45 | Addressing Barriers |
| | Krista Hajnik, BHSc, RRT-NPS and Stephanie Hazen, BSc, RRT-NPS | 2:45 - 3:05 | Ashley Pleiss, BS, RN Integration - The Tension Between Mobility and Falls |
| 3:10 - 3:30 | Mobilizing the Complex Patient: Case Studies Meghan Moore PT, DPT, NCS and Amy Bayliss, MS, OTR/L | 3:05 - 3:25 | Sowmya Kumble, PT, MPT, NCS Patient Engagement: Overcoming Patient Refusals |
| | | 3.03 3.23 | Nicole Schechter, PsyD, ABPP-RP |
| 3:30 - 3:45 | Question and Answer | | Twode Concorner, 1 Sys., 1211 1 14 |
| 3:45 - 4:15 | Break | 3:25 - 3:45 | Question and Answer |
| Section 4 | | 3:45 - 4:15 | Break |
| Session 4 Nuts and Re | olts: Key Logistical Issues in PICU Mobility | | |
| | | Session 5 | |
| 4:15 - 4:35 | Critical Care Meds in Pediatrics | Evaluate an | |
| 4.05 4.55 | Sapna Kudchadkar, MD, PhD and Hallie Lenker, PT, DPT | 4:15 - 4:35 | Sustainable Education and Training |
| 4:35 - 4:55 | Optimizing Mobility Using Equipment and Positioning Aids | | Ashley Pleiss, BS, RN |
| 4.EE E.OE | Hallie Lenker, PT, DPT and Julie Patterson, MSOT, OTR/L | 4:35 - 4:55 | Using Data to Drive Culture and Accountability |
| 4:55 - 5:35 | Case Studies: Putting It All Together Sapna Kudchadkar, MD, PhD | 4:55 - 5:15 | Michael Friedman, PT, MBA and Erik Hoyer, MD Project Management and Sustainability |
| | | | Michelle Cvach, MS |

5:15 - 5:35

5:35 - 5:50

Implementation Tools and Resources Michael Friedman, PT, MBA

Question and Answer & Wrap-Up by Michael Friedman, PT, MBA

Friday, November 6, 2020

| Com | hinod | A doubt | and I | Dodio: | tria C | ontent |
|-----|-------|---------|-------|--------|--------|--------|
| Com | minea | Adillit | andı | zenia: | tric (| ontent |

| Welcome | and O | nenina | Remarks |
|---------|-------|--------|---------|
| | | | |

| 8:30 - 8:45 | Primer on Social Media |
|-------------|--|
| 8:45 - 9:00 | Welcome by Dale Needham, FCPA, MD, PhD |

Session 1

A Patient and Family Perspective

| 9:00 - 9:25 | Patient & Family Interview |
|--------------|----------------------------|
| 9:25 - 9:40 | Question and Answer |
| 0·40 - 10·15 | Break |

Simultaneous Tracks

Adult ICU Rehabilitation

Session 2

Recent Advances in Research and Practice for ICU Mobilization

| 10:15 - 10:35 | Dale Needham, FCPA, MD, PhD |
|---------------|--|
| 10:35 - 10:55 | Clinical Decision-Making for Safe Mobilization in the ICU Danny Ludwig, PT, DPT, NCS |
| 10:55 - 11:15 | ICU Nurses as Early Mobilization Champions Elizabeth Zink, RN, MS, CCNS, CNRN |

11:15 - 11:30 Question and Answer

11:30 - 12:45 Break

Session 3

Recent Advances in Research and Practice for OT and SLP

| 12:45 - 1:05 | OT Interventions in the ICU Kelly Casey, OTD, OTR/L, BCPR, ATP, CPAM |
|--------------|---|
| 1:05 - 1:25 | Swallowing and Voice in the ICU Martin Brodsky, PhD, ScM, CCC-SLP, F-ASHA |
| 1:25 - 1:45 | Tracheostomy and Communication in the ICU Therese Kling-Cole, MA, CCC-SLP, BCS-S |
| 1:45 - 2:05 | Question and Answer |

Session 4

| Psychologica | l Considerations for ICU Rehabilitation |
|----------------------------|--|
| 2:05 - 2:35 | Recent Advances in Sedation and Delirium Dale Needham, FCPA, MD, PhD |
| 2:35 - 3:00 | Rehabilitation Psychology in the ICU Megan Hosey, PhD |
| 3:00 - 3:20 3:20 - 3:50 | Question and Answer Break |

Pediatric ICU Rehabilitation

Session 2

What's New and Different in PICU Mobility

| vviiat s ivev air | d Different in Fico Mobility |
|-------------------|--|
| 10:15 - 10:30 | Exploring the Landscape of PICU Rehabilitation: |
| | Insights from PARK-PICU |
| | Sapna Kudchadkar, MD, PhD |
| 10:30 - 10:50 | Post-Intensive Care Syndrome in Pediatric ICU Survivors |
| | Sapna Kudchadkar, MD, PhD and Julie Quinn, PT, MSEd, PCS |
| 10:50 - 11:00 | Taking the Next Step: Pediatric ECMO & Mobility |
| | Jennifer Snider, MSN, CPNP-AC |
| 11:00 - 11:15 | Assessing ICU Acquired Weakness: The PICU Perspective |
| | Katherine Denlinger, PT, DPT, PCS |
| | |
| 11:15 - 11:30 | Question and Answer |
| 11:30 - 12:45 | Break |
| | |
| | |

Session 3

Special Considerations for PICU Mobility

| 12:45 - 1:15 | Treating the PICU Patient with Multi-System Injury Meghan Moore, PT, DPT, NCS and Katherine Denlinger, PT, DPT, PCS |
|--------------|---|
| 1:15 - 1:30 | Facilitating Communication and Cognition in the ICU |
| | Yiota Senekkis-Florent, PhD, CCC-SLP |
| 1:30 - 1:45 | The Nuts and Bolts of Trauma-Informed Care: |
| | Considerations in the PICU |
| | Julie Quinn, PT, MSEd, PCS |
| 1:45 - 2:05 | Question and Answer |

Session 4

The Critically III Infant & Toddler

| | The Childany | III IIIIani & Toddier |
|---|--------------|---|
| | 2:05 - 2:30 | Evidence-Based Approaches to Feeding & Swallowing |
| | | Yun Kim, MS, OTR/L and Yiota Senekkis-Florent, PhD, CCC-SLI |
| | 2:30 - 2:45 | Mobilizing the Critically III Infant: What Does It Mean? |
| | | Emily Rogers, PT, DPT |
| | 2:45 - 3:05 | Optimizing the Healing Environment to Foster |
| | | Neuro Development |
| | | Yun Kim, MS, OTR/L and Kerry Vela, PT, DPT, PCS |
| | 3:05 - 3:20 | Question and Answer |
|) | 3:20 - 3:50 | Break |

Combined Adult and Pediatric Content

Session 5

Abstract Presentations, Part 1

3:50 - 4:50 Abstract Presentations and Question and Answer 4:50 - 5:00 Day 2 wrap-Up by Dale Needham, FCPA, MD PhD

Saturday, November 7, 2020

Combined Adult and Pediatric Content

Welcome and Opening Remarks

8:25 - 8:35 Social Media Update by Sapna Kudchadkar MD, PhD 8:35 - 8:40 Welcome by Dale Needham, FCPA, MD, PhD

Session 1

A Patient and Family Perspective

8:40 - 9:05 Patient & Family Interview 9:05 - 9:20 Ouestion and Answer

Session 2

Next Steps for Post-Conference Success

9:20 - 9:35 Helpful Resources for ICU Rehabilitation
Dale Needham, FCPA, MD, PhD
9:35 - 9:40 Question and Answer
9:40 - 10:15 Break

Session 3

Workshops with Multi-Disciplinary ICU Rehabilitation Experts

10:15 - 12:15 Workshop 1 - Culture Change to Advance Sedation,
Delirium and Mobility Practice

Facilitator: Dale Needham, FCPA, MD, PhD

Workshop 2 - Balancing Productivity and Innovative Therapist Practice

Facilitator: Michael Friedman, PT, MBA

Workshop 3 - Neuropsychiatric Issues in the ICU and Beyond

Facilitators: Megan Hosey, PhD

Workshop 4 - Rehabilitation Issues in a Pediatric ICU

Facilitators: Sapna Kudchadkar, MD, PhD and

Julie Quinn, PT, MSEd, PCS

Workshop 5 - Rehabilitation Issues in Adult Surgical and Cardiac ICUs

Facilitator: Paul Ricard, PT, DPT, CCS

Workshop 6 - Rehabilitation Issues in an Adult Medical ICU

Facilitator: Stephanie Hiser, PT, DPT, CCS

Workshop 7 - Rehabilitation Issues in a Neuro ICU

Facilitator: Sowmya Kumble, PT, MPT, NCS

12:15 - 1:30 Break

Session 4

Abstract Presentations, Part 2

1:30 - 2:30 Abstract Presentations and Question and Answer

Session 5

ICU Patients After the ICU

2:30 - 2:50 Activity and Mobility Promotion Throughout the Hospital Michael Friedman, PT, MBA

2:50 - 3:10 Updates in ICU Survivorship
Dale Needham, FCPA, MD, PhD

3:10 - 3:30 Current State of Practice for Post-ICU Follow-Up Clinics
Carla Sevin, MD

3:30 - 3:45 **Question and Answer**

3:45 - 3:50 Conference Wrap-Up by Dale Needham, FCPA, MD, PhD



ACTIVITY DIRECTOR

Dale Needham, FCPA, MD, PhD

Professor

Division of Pulmonary & Critical Care Medicine and Department of Physical Medicine & Rehabilitation Medical Director, Critical Care Physical Medicine and Rehabilitation Program Johns Hopkins School of Medicine

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Lead Clinical Nurse

Caroline Potter, MS, CCLS, CIMI

Child Life Specialist

John Probasco, MD

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Sam Young, MS, RN

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Physical Therapist

Elizabeth Zink, RN, MS, CCNS, CNRN

Clinical Nurse Specialist

GUEST SPEAKERS

Brad Butcher, MD

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Tammy L. Eaton, MSN, RN, FNP-BC, ACHPN

Nurse Practitioner Critical Illness Recovery Center Pittsburgh, Pennsylvania

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Assistant Professor Vanderbilt University Nashville, Tennessee

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Occupational Therapist University of Pittsburgh Medical Center Pittsburgh, Pennsylvania



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Workshop 7: Rehabilitation issues in a Neuro ICU